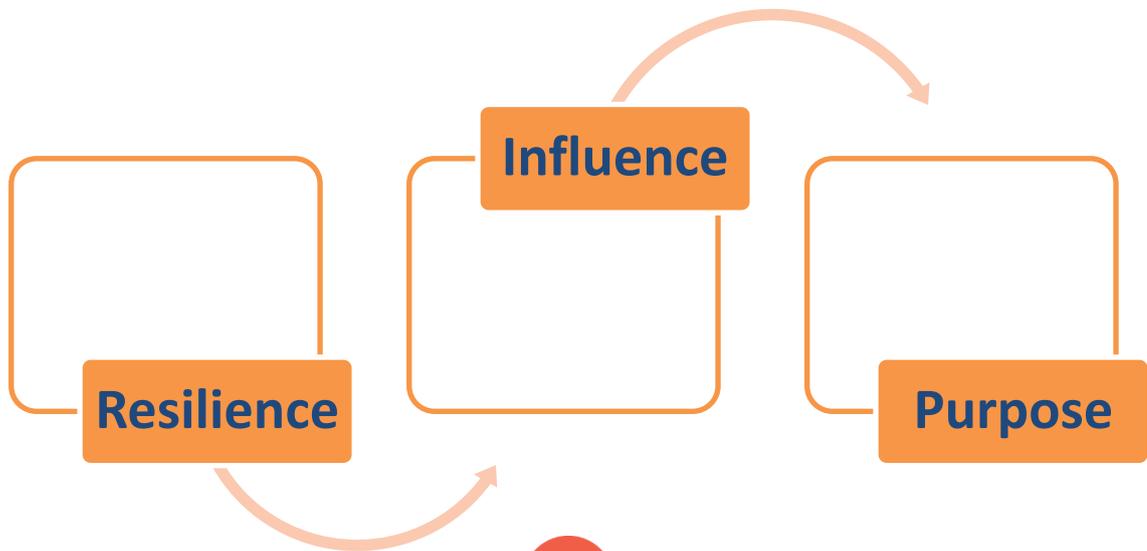




Mindset **Makeover** Program for Success

Coaching for busy professionals
and businesses to get exceptional results



Michele Gennoe
CLARITY • STRATEGY • RESULTS

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What Is Coaching?

Coaching is a powerful process that empowers professionals and businesses to:

- ✓ Identify Strategies
- ✓ Determine Tactics
- ✓ Take Actions to Deliver
- ✓ Make Decisions
- ✓ Prioritise Actions
- ✓ Reach Targets

In addition, a Coach “works with you”, in that they can:

- ✓ Assist in determining **Strategies** to get what you want
- ✓ Bring years of experience and business expertise to **Clarify** what are some of the tactics that may be suitable to you and your situation
- ✓ Assist you to set SMART goals to **Deliver** those strategies
- ✓ Support you to get the best **Results** for your financial needs, values & vision

Why Does Coaching Work?

Coaching works because it brings out YOUR best as a leader. A Coach believes that YOU have the answers and they are trained to assist you in bringing them to your awareness. Specifically, in a coaching session, the Coach will:



Listen

Listen attentively and fully. What YOU say is the focus. Coaches are trained to listen to what you say, what you are trying to say and also, to what it is that you are not saying as well. To really hear you.



Collaborate

After you have shared your situation, coaches share ideas, comments and views on your issues, challenges and opportunities. Coaches act as a professional and experienced sounding board.



Question

You can also expect to be asked tough questions. The quality of your life depends on the quality of your questions – the coaching questions will lift your awareness and thinking to a whole new level.



Support

Coaches support you to clarify actions and directions and also stress tests your commitment to your responses. Coaches then support whatever next steps you decide to take.

Mindset Coaching **Investment** Options

Blue Diamond Coaching Package



- 6 focused sessions (8 hours of coaching) to:
 - Identify your purpose, values and goals
 - Keep you on track and,
 - Hold you accountable to achieve your goals
- Plus, VIP access to other supporting online programs-
 - ❖ Mindful Leadership Training Program (Value \$497)
 - ❖ Personal Branding for Success Program (Value \$497)

Plus, additional resources and gifts to support your coaching journey:

- ❖ Email and SMS support throughout the coaching period (Value \$597)
- ❖ Dedicated FB group for support through the coaching sessions & beyond
- ❖ Weekly Focus and Intention reminders (Value \$397)
- ❖ Award winning Mindful Leadership Book (Value \$25)

Pink Diamond Coaching Package



- 6 focused sessions (8 hours of coaching) to:
 - Identify your purpose, values and goals
 - Keep you on track and,
 - Hold you accountable to achieve your goals

Plus, additional resources and gifts to support your coaching journey:

- Email and SMS support throughout the coaching sessions (Value \$597)
- Dedicated FB group for support through the coaching sessions & beyond
- Weekly Focus and Intention reminders (Value \$397)
- Award winning Mindful Leadership Book (Value \$25)

Diamond Coaching Package



- 6 focused sessions (8 hours of coaching) to:
 - Identify your purpose, values and goals
 - Keep you on track and,
 - Hold you accountable to achieve your goals

Plus, additional resources and gifts to support your coaching journey:

- Dedicated Facebook group for support through the coaching sessions
- Award winning Mindful Leadership Book (Value \$25)

What is my legacy? Do we ever truly regard this question with depth and reverence? Michele's ability to evoke internal dialogue is, in my opinion, one of her strengths. She propels us on an emotional journey, and has also a robust task-oriented program.

Sia Kapeleris, Community Volunteer

Michele is a truly talented coach. She leads our virtual group sessions helping focus on the new normal, reflecting on small changes to create a habit of positivity and gratitude. Michele has helped me to appreciate today's successes.

Claire Lerm, Digital Project Lead, Head of Delivery



Michele is a high level changemaker that can come in and help you transform the way that you do business. The work that she does in transforming corporations in Australia and around the world is profound

Dan Lehrer

Michele brings a holistic approach... and there's a level of honesty, of awareness, that makes this unique- there's a lot on offer

Matt Carton



My 'Self' and my life have inextricably shifted for the better as a direct result of my coaching with Michele. I now have clarity, purpose, happiness and contentment in all areas of my life. Michele is a truly insightful and gifted coach. I would have no hesitation in recommending her to anyone

David Bourke

Michele is a highly considerate and innovative individual and leader. She exudes the ability to determine and reach realistic outcomes when working with clients, associates and her loyal employees.

Marianne Kadunc, Marianne's Mobile Marketing



Michele is a fabulous human being, she understands thoughtful, mindful leadership and she is really passionate about delivering that message to the world. I am really inspired by her

Cheryl Alderman

Michele's Qualifications & Memberships:



Transformational Life Coaching, Counselling Certificate, Insight 4 Facilitator Training and Insight 1,2,3 foundational training, Demartini Method Facilitator Accreditation. Getting to Yes Negotiation, Demartini Prophecy 1 Training (Human Behavioural Training), Certified Practicing Project Manager (CPPM), AIPM, Australia, Diploma of Project Management, PPG, Australia, Project Management AQF5, AIPM, Australia, Masters of Spiritual Science, Certified SAFe® 4 Agilist, Change Management Institute.