



The 7 Challenges of Being A Global Leader

Common Challenges of Global Leaders

1. Inspiring Others

To be inspirational and assist staff in exploring and discovering meaning in the work they do.

2. Managing Change

To be able to understand and lead change by aligning what you are doing with why you are doing it.

3. Maintaining Effectiveness

To support and encourage the development of specific skills in decision-making and strategic thinking for increased ongoing effectiveness.

4. Developing and Leading People

Developing the cohesion and collaboration between your team members so that they then become role models for the rest of the organisation.

5. Giving Back

Working out appropriate ways to give back, whether that is through your time, money or in-kind support from you and the organisation.

6. Managing Stress

With 24/7 connectivity it is harder, but increasingly important, to find downtime from meetings, emails or paperwork to recharge. Mindful leadership requires balance to manage this stress.

7. Living as Brand Me

To manage the politics of relationships whilst managing up, getting buy-in from others and maintaining your leadership brand.

To mitigate these challenges and build a profitable business and successful life that are an authentic expression of who you are won't happen by accident. It takes investing in the preparation and planning to get it right, and to get it right just for you and your business. If you believe that you have something inside you that wants to be a better leader, then the 7 Steps to being a Mindful Leader can bring it to life.

7 Steps to Overcome Leadership Challenges	Mindful Leadership provides Solutions to these Challenges by showing you
1. What is my Purpose?	How to BE an Inspirational Leader
2. What is my Passion?	How to BE a Passionate Leader
3. How do I make Decisions?	How to BE an Effective Leader
4. Who should I have on my Team?	How to BE I am Personable Leader
5. What does it mean to be Generous?	How to BE a Generous Leader
6. How do I manage Stress?	How to BE a Focused Leader
7. How can I Standout as a Leader?	How to BE a Standout Leader

Why Mindful Leadership?

Every successful business needs a Mindful Leader ~
A driving force who becomes known in the industry ~
The “Richard Branson’s” of Virgin,
The “Oprah’s” of Entertainment,
the “Larry and Sergey’s” of Google....

Mindful leaders are leaders who do what they love and love what they do.

Effective leadership requires a time commitment and a willingness to learn these core leadership skills. Through understanding these skills you can enlist the support of your staff to deliberately change cultures when necessary and to lead your organisation to growing successfully.



Michele Gennoe is a woman on a mission. She is passionate about helping leaders to be more mindful so they can live both meaningful and profitable lives by following the 7 Steps, Purpose, Passion, Pathways, People, Prosperity, Pausing and Presence, to being a mindful leader.

Her latest book, “*Mindful Leadership: 7 Steps to transforming your business and your life*” is a culmination of her extensive work in these areas and in particular on strategy, organisational change, planning and personal development.

“Mindful Leaders are actively creating a world where love is the only currency, joy is the everyday fashion and humanity lives in the blessings of each moment”

Contact us today to discuss how you can enhance your role as a Mindful Leader.

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Michele Gennoe

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